

Garth Callaghan,
living with cancer

“I didn’t have a lot of symptoms at first. Not symptoms that I recognized, anyway. I had a sore back. I wasn’t sleeping well. But I really didn’t attribute those to anything seriously wrong



with me. The next thing I know I was sitting in the doctor’s office and he was showing me a picture of my abdomen with this very large growth in it and I heard the words, “You have cancer.”

I am currently living with stage IV metastatic kidney cancer. I also have prostate cancer. For me, cancer is a chronic condition. It’s a battle that I’ll be fighting for the rest of my life.

Gathering data is really important to me not for how I’m doing today, but how I can do tomorrow. I use information to help frame my reference and to make decisions.

I also know that when somebody looks at my individual data that isn’t probably very meaningful. But when you take a look at all of the data together, then there’s a story. Then there’s meaning. I share my data for my daughter, Emma, and for her kids and your kids.”



Garth is author of the book *Napkin Notes*. See his video online.

Letitia Browne-James,
living with epilepsy

“I was about ten years old when I was formally diagnosed with epilepsy. At first we didn’t know what it was. I went to many doctors throughout my life trying to find answers. It was confusing and frustrating to not find a permanent solution, to not be able to do anything to stop or control it.



PatientsLikeMe changed my life because it gave me a lot of the answers I was searching for. I was able to track different things like my symptoms, treatments and triggers; I was able to interact with people having seizures and living with epilepsy. And it was where I finally found out what an epileptologist was...

My epileptologist was able to pinpoint specifically what part of the brain the seizures were coming from and told me I was a perfect candidate for surgery. Then I gathered information from other patients on the site who had the surgery and noticed their outcomes.

So I had my surgery in 2012 and for the first time in 31 years, I have been seizure free.”



See Letitia’s video online

The data that you share on PatientsLikeMe has a heartbeat that keeps on giving. It’s giving new life to medical research, our understanding of disease, and the next person diagnosed with the same disease.

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is a website where you can connect with people who are where you are or those who have traveled before you. Learn from their experiences and share your own.

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Connect

Connect with a community that understands your concerns and people who have asked the same questions that you're asking now. Find others who are willing to

share their experiences with medications, treatments and providers. You can make connections with them through

forums, private messaging and more.

"I really love having one place where I can get a complete picture of what's going on – not just test scores or symptoms, but also how I'm feeling in relation to everything."

REALITYGASPS
living with idiopathic pulmonary fibrosis

2,300+
conditions



25 million

data points from people living with with fibromyalgia, multiple sclerosis, depression, cancer, Parkinson's Disease, rare diseases, and more

Chart your health journey over time by tracking your symptoms, treatments, side effects and outcomes. Everything you track is part of your Doctor Visit Sheet, which you can print and take with you to your next appointment. The more data you share, the more complete a picture you'll have about what's going on with your health between doctor visits.

Track

Learn

Learn from symptom and treatment reports that capture what it's like for people like you living with and treating their conditions. There are parts of this journey that will be completely unique to you and only you. But there are also parts that are shared by so many others. Compare your experiences to find out.

"PatientsLikeMe has helped me most with navigating what treatments to try and when. It allows me to see how other people are affected by any number of treatments."

CHILLI123
living with multiple sclerosis

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