



VETERANS OF FOREIGN WARS.

## Adopt-a-Unit

- ❖ Over **121,000 military and family** members are being actively supported by VFW Posts and Auxiliaries through the VFW Adopt-a-Unit program.
  
- ❖ Popular examples of Adopt-a-Unit activities:
  - **Family Days**- VFW understands the importance of family to the military member and their mission
  
  - **Welcome Home & Deployment events**
  
  - **Holiday events**
  
  - **Meetings and Support Seminars**
  
  - **Community Projects**- Annually, VFW posts *donate \$45 million dollars* and *5 million volunteer hours* to community activities.
  
  - **Direct assistance**- lawn care, auto repairs, renovations to help accommodate a newly wounded service member
  
  - **And much more.....**
  
- ❖ VFW Posts work with unit commanders and senior enlisted personnel to develop supportive relationships with units before, during and after deployments. We offer a vast network of free resources and a variety of direct support for military members and their families.
  
- ❖ If your unit is interested in being adopted:
  - Check if someone in the unit is already a member of a local VFW Post.
  - Use the “Find a Post” locator on VFW’s website: [vfw.org/FindaPost](http://vfw.org/FindaPost)
  - Contact VFW National HQs: [m.a.p@vfw.org](mailto:m.a.p@vfw.org) or 816.756.3390

