



## Adopt-a-Unit

- ❖ Over **121,000 military and family** members are being actively supported by VFW Posts and Auxiliaries through the VFW Adopt-a-Unit program.
  
- ❖ Popular examples of Adopt-a-Unit activities:
  - **Family Days**- VFW understands the importance of family to the military member and their mission
  
  - **Welcome Home & Deployment events**
  
  - **Holiday events**
  
  - **Meetings and Support Seminars**
  
  - **Community Projects**- Annually VFW posts *donate \$ 48.2 million dollars* and their *8.6 million volunteer hours* to community activities.
  
  - **Direct assistance**- lawn care, auto repairs, renovations to help accommodate a newly wounded service member
  
  - **And much more**.....
  
- ❖ VFW Posts work with unit commanders and senior enlisted personnel to develop supportive relationships with units before, during and after deployments. We offer a vast network of free resources and a variety of direct support for military members and their families.
  
- ❖ If your unit is interested in being adopted:
  - Check if someone in the unit is already a member of a local VFW Post.
  - Use the “Find a Post” locator on VFW’s website: <http://www.vfw.org/oms/findpost.aspx>
  - Contact VFW National HQs: [map@vfw.org](mailto:map@vfw.org) or (816) 756-3390

